

# SUMMIT Leadership: Information for Mentors



## The Opportunity:

CUMC Youth Ministry needs caring adults with a heart for youth to help shape their eager minds with a powerful set of life-long habits.

## The SUMMIT Program:

**SUMMIT** Leadership is a fun and exciting program for youth in Grades 8-12. Focused on helping youth get the most out of their life, Summit gets them out of their seats and working with their instructors, mentors, and teams to learn the habits that will make them successful in high school, college, and life!

Students experience dynamic, out-of-their-chair, and fun learning activities designed to help them learn and apply the habits.

The September through April training sessions are conducted on the third Saturday of each month from 9-11am in the Sports & Rec Center Loft. Mentors meet as a group for one hour before the student sessions, to share successes and challenges, encourage each other, and hear more about their role in that month's program.

In addition, students are responsible for scheduling with their mentor for an hour session each month at a mutually convenient time and place.

## Individual Mentoring:

Each student is assigned an adult mentor. They meet with their mentor during each Saturday session, and at least one more time each month, at a time convenient to both.

Mentors help with the session facilitation and

work individually with the students to help them "connect the dots" between the concepts and their lives.

Mentors support one another in caring for the youth and filling in as needed in the event of absence.

Most of the students say that their mentoring experience is the highlight of the program. At the same time, mentors say they get just as much out of the mentoring as the students do.

## Interested in being a Mentor?



The time commitment includes three hours one Saturday each month, and one meeting with your student during the month.

We will train you, but it's simple. Be in relationship with the student, talk with them about how the habits are playing out for them, and be one more caring adult in their lives.

We'd love to talk to you about the rewards of being a Summit mentor! Please reach out to our [youth team](#) for more information.

**See you at the Summit!**

CUMC Youth Ministry