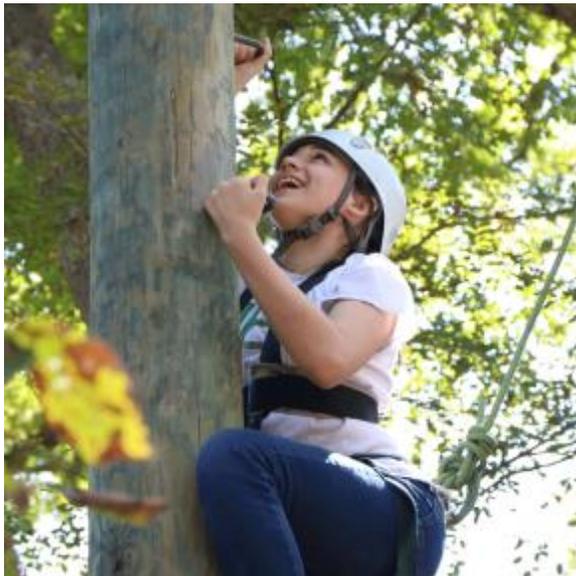


SUMMIT Leadership:

Information for Parents



SUMMIT Leadership is a fun and exciting program for youth in Grades 8-12. The program helps students get the most out of their lives by getting them up, active, and working in teams to learn the habits that will make them successful in high school, college, and life



7 Habits For Effective Teams

Taking responsibility for your life – It's your life and that you can shape it if you want to!

Beginning with the end in mind – Create a vision for your life and take the steps to achieve it.

Putting first things, first – Identify what's important to you and do those things first

Thinking Win-Win – Believe there's plenty of success for all of us if we work together

Seeking first to understand – Tune into others and really listen to them

Working together in teams – Achieve more by working powerfully with others

Taking care of yourself - Renew and refresh your mind, body, and spirit every day

Did we mention, FUN?

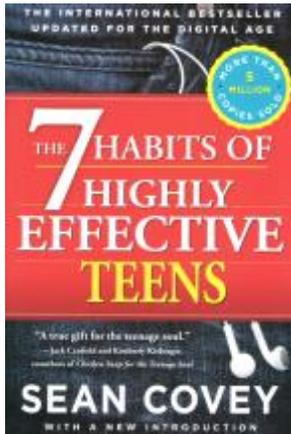
No sitting still and getting bored!

Each session contains just enough instruction to introduce the habit. Students will then apply each new habit by getting hands-on, and working on exciting challenges in teams of students and adults.



We also have great outside experiences like taking on a Ropes Challenge Course, and seeing first responders at work.

More about the program:



The program is based on the book, Seven Habits of Highly Effective Teens by Sean Covey. Many adults have read the adult version of this book, The Seven Habits of Highly Effective People, by Sean's father, Stephen Covey.

That book has been read by more than 20 million people and is ranked as the 8th most popular self-help book ever!

Students will receive a certificate of completion and a summary of what you have learned. They can add Summit to their college resume, and discuss it in college or job interviews.

Most colleges and interviewers are very aware of this book and its powerful ideas, and they like it! Knowing these habits will mark your student as someone who is committed to their success!

Did You Hear about Mentors?

Just like accomplished people you know, our Summit students will each have a mentor. Mentors work with their students during the Saturday sessions, as well as meeting each month individually with the student for a one-on-one talk about the habits and whatever else is going on in the student's life!

The mentors' role is to encourage them, coach them, and help them apply the habits to their lives. More broadly, it gives the students one



more caring adult in their life who can listen in a safe and supportive environment.

We take Safe Church guidelines very seriously to be sure your student is safe at all times. Students and their mentors will always meet in public places, and will travel to and from the meeting in their own transportation.

When does the program meet?

The September through April training sessions are conducted on the third Saturday of each month from 9-11 am in the Sports & Rec Center Loft. In addition, students are responsible for scheduling time with their mentor for an hour session each month at a mutually convenient time and place.

Ready?

You can register your student on line by going to the website at cumc.com/summit

More questions?

Great! Visit us in the Atrium on August 21, or contact our **Youth Staff** for more information.

See you at the Summit!

 **UMC Youth Ministry**