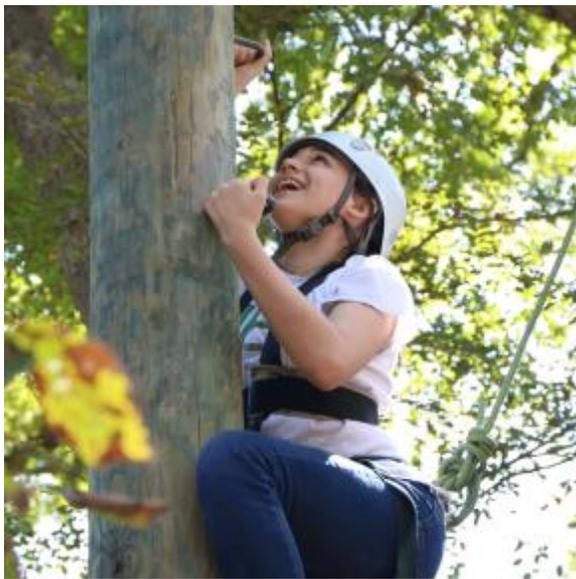


SUMMIT Leadership: Information for Students



SUMMIT Leadership is a fun and exciting program for youth in Grades 8-12. Focused on helping you get the most out of your life, Summit helps you get up, active, and working in teams to learn the habits that will make you successful in high school, college, and life!



7 Habits to Prepare you for Success!

Taking responsibility for your life – It's your life and that you can shape it if you want to!

Beginning with the end in mind – Create a vision for your life and take the steps to achieve it.

Putting first things, first – Identify what's important to you and do those things first

Thinking Win-Win – Believe there's plenty of success for all of us if we work together

Seeking first to understand – Tune into others and really listen to them

Working together in teams – Achieve more by working powerfully with others

Taking care of yourself - Renew and refresh your mind, body, and spirit every day

Did we mention, FUN?

No sitting still! Lots of action and teamwork!

Each session contains just enough instruction to introduce the habit. You will then apply each new habit by getting hands-on and working on exciting challenges in teams of students and adults.



We also have great outside experiences like taking on a Ropes Challenge Course, and seeing first responders at work.

You will have your own mentor!



Successful people have mentors in their lives to know them and help them. **You will, too!**

During the month, you will meet for an hour one-on-one with your mentor to talk not just about the habits, but also what's going on in your life! The mentors' role is to encourage you, coach you, and help you apply the habits to your life.

When do we meet?

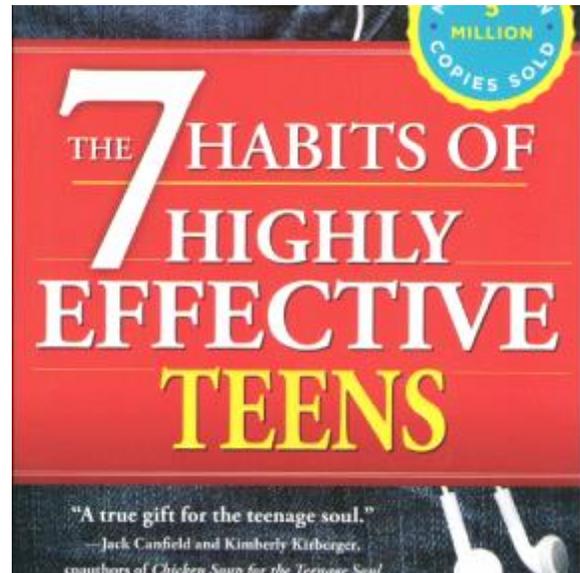
We meet eight times, once a month for two hours, from September until April.

You will also meet once a month for about an hour with you mentor at a place and time that you choose together.

More about the program:

The program is based on the book, Seven Habits of Highly Effective Teens by Sean Covey. Your parents or teachers have probably read the adult version of this book, The Seven

Habits of Highly Effective People, by Sean's father, Stephen Covey. That book has been read by more than 20 million people and is



ranked as the 8th most popular self-help book ever!

You will receive a certificate of completion and a summary of what you have learned. You can add Summit to your college resume and discuss it in interviews.

Most colleges and interviewers are very aware of this book and its powerful ideas, and they like it! Knowing these habits will mark you as someone who is committed to their success!

Ready?

You can register on line by going to cumc.com/summit

More questions?

Great! Visit us in the Atrium on August 21, or contact our **Youth Staff** for more information.

See you at the Summit!

 UMC Youth Ministry