

Sports & Rec Center Policies

Purpose

The Sports & Rec Center of Christ United Methodist Church is a space dedicated to our members and their guests where community is created, the Christian faith is taught, and disciples are made. At the core of its activities will be:

1. Fellowship for children, youth and adults.
2. Re-creating our spirits in the image of God through recreation, exercise and the pursuit of healthy habits.
3. Worship
4. Youth Ministry
5. Leisure-time programming

Participation

Participants

1. Participation in day-to-day recreation events in the Sports & Rec Center is open to members, people employed by Christ United Methodist Church, and to non- members who regularly attend CUMC.
2. Children 12 years old and below must be accompanied by an adult (18 or over) at all times.
3. Covenant cards will be issued to household family members. There will be a one-time fee of \$10 per household family member with a maximum of \$40 per family. There will be no charge for children 12 years old and under. There will be a \$5 charge to replace a lost card.
4. Participants' records will be updated annually.

Guests

1. Covenant cardholders are urged to bring guests.
2. Any covenant cardholder may bring up to two guests on each visit.
3. Guests are asked to fill out guest cards, wear visitor passes, and return the passes when they leave.
4. Covenant cardholders are responsible for the conduct of their guests.
5. Covenant cardholders must remain in the facility the entire time their guests are there.

Hours of Operation

Hours

1. The SRC hours of operation will be posted at the check-in desk, the main entrance, on the CUMC website, and in the *Snapshot*.
2. The hours of operation may vary depending upon many seasonal activities and a variety of special events. Changes to regular posted hours of operation will be communicated through church publications, by notices at the check-in desk, and at the main entrance.
3. Since the Sports & Rec Center is a supported ministry of CUMC, the schedule will not conflict with church wide events.

Dress, Behavior and Discipline

Statement

The Sports & Rec Center is a supported ministry of Christ United Methodist Church. In the interest of influencing others to follow after the example of Christ, the speech, dress and conduct of the SRC participants, guests and visitors will be in accordance with the highest Christian standards.

Users of the facility will conduct themselves in a Christian manner at all times. No abusive, rude language, or rude actions will be tolerated. Shirts and shoes must be worn at all times. Proper court shoes must be worn while engaged in sporting activities.

Items Prohibited

These items are not allowed in, or on, the property of the Sports & Rec Center:

1. Tobacco in any form.
2. Anything considered a weapon.
3. Any alcoholic beverages or controlled substances.
4. Pets, gum or anything that would harm the property.
5. Apparel with advertisements for alcohol, tobacco, or any other words or images not in keeping with Christian principles.
6. Food and drinks including in the gym, on the running track or in the weight room. Designated areas will be clearly marked for food and drinks. Plastic water bottles with tight lids are approved for the walking track and the weight room.

Discipline Schedule

1. The Director of Recreational Ministries and the SRC Council will administer the discipline and suspension policy.
 - First infraction – Verbal warning, explanation of rules and/or suspension
 - Second infraction – Reminder, notification of parents (high school age or below) or written warning for adults and/or suspension
 - Third infraction – Notification of parents (high school age or below) and suspension of rights and privileges
2. Willful violation of any laws or rules will result in suspension of usage rights to the Sports & Rec Center. Serious offenders may be suspended at the discretion of the Director of Recreational Ministries for first infractions if deemed appropriate.

Reservations

Groups

Groups may apply to reserve specific areas of the Sports & Rec Center by contacting the office.

Use of the SRC facilities shall be restricted to church sponsored groups and those groups whose mission is consistent with the ideals and mission of the United Methodist Church. Questions about acceptance may be referred to the Council by the staff.

All under age groups must have adequate adult supervision. There must be a minimum of two adults at every event. The ratio of adults to children must be maintained as follows:

1. Below kindergarten 1:3
2. Kindergarten to grade 3 1:5
3. Grade 4 to grade 6 1:8
4. Grade 7 to grade 8 1:10
5. Grade 9 to grade 12 1:15

Policies for use of the SRC shall be the same as those for the rest of the church facilities. These include the following:

1. Groups are asked to confine their activities to the requested areas.
2. All groups to whom authorization for facility usage is given will be required to sign a waiver of responsibility.
3. Overnight stays require advance notification and will be limited to touring church groups and UMYF lock-ins.
4. No food and drink will be served unless permission is explicitly granted.
5. Fees will be based on the size of the groups. A complete list of fees is available at the SRC check-in desk and in the church offices.

Front Area Policies

Check-in Desk

1. Everyone entering the facility must check in at the check-in desk.
2. Only authorized or scheduled workers will be permitted behind the check-in desk and in the work room.

Lounge

1. Food and drinks are to be consumed only in the snack/lounge area.
2. Recreational staff has authority over all music and television.

Game Area

1. Equipment is checked out at the check-in desk and returned to the same place. A Covenant Card or driver's license will be required as a deposit for equipment.
2. Individuals who check out equipment will be financially responsible for equipment that is damaged by misuse, lost, destroyed, or stolen.
3. Game tables are placed so that each game can be played without interfering with others. DO NOT MOVE, REARRANGE, OR SIT ON TABLES.
4. 6th grade students and above may use the pool tables. 1st through 5th grade students may play pool only with an adult.
5. Time limits will be imposed when others are waiting to play.

CUMC Sports & Rec Center Kitchen Policies

Kitchen Policies

1. Groups desiring to use the kitchen must make reservations through the Sports & Rec Center check-in desk. Groups should pick up a policy checklist prior to using the kitchen. For a schedule of current fees, please reference the building policy.
2. Groups using the cooking appliances must have at least one member present that has been trained on the proper use of this equipment.
3. No one under the age of 18 may use the kitchen cooking appliances without the supervision of an adult. Ventilation units should be on at all times when ovens are in use.
4. No items should be stored in the SRC kitchen except kitchen equipment and food items.
5. Groups using the refrigerator should not leave food items for an extended period of time. All items remaining in the refrigerator should be in containers and labeled with group's name and the date stored.
6. Kitchen equipment and utensils should not be removed from the SRC building.
7. When outside catering vendors are used, a member of the group that has reserved the kitchen must be present to supervise and receive catering orders.
8. Ice scoop for the icemaker should be stored outside of the ice bin in designated holder. For sanitary reasons, only the scoop should be used when getting ice.
9. Oven chemicals or cleaning solutions should not be stored in food storage areas. With the exception of dish soap, all other chemicals should be stored in the second overhead cabinet to the left of the convection oven.
10. The kitchen is to be cleaned after each use. The checklist below must be completed by each group using the kitchen:
 - User shall wash, dry, and put away all dishes, drink containers, and utensils. If dishwasher is used, it must be unloaded before leaving.
 - User shall clean sinks and wipe around food drain when finished.
 - User shall clean any counter, stove, oven, grill, or other surfaces used.
 - User shall return all items to the proper place.
 - User shall not use food or supplies belonging to another group unless authorized to do so.
 - User shall bag & tie garbage and take it to the outside dumpsters.
 - Floors should be swept.

SRC Recreation Room Policies

Gymnasium Policies

1. Appropriate rubber-soled shoes are required on the gym floor during recreational play.
2. No food or drink is allowed, with the exception of closed container water bottles.
3. Skating is **prohibited** in the building at all times.
4. Hanging or climbing on the basketball rims, supports and nets is **prohibited**.
5. Please clean the area before leaving. This includes blotting up perspiration that has dripped onto the floor.
6. Do not kick basketballs or volleyballs.
7. Team and league play will be scheduled through the Check-in Desk.

8. Shoe soles must be clean before entering the gymnasium.

Jogging track

1. Traffic will flow in one direction, which will alternate as posted.
2. Proper footwear is required.
3. Slow joggers/walkers use outside lanes (nearest to walls). Passing lanes are inside lanes.
4. The track is reserved for fitness use only.
 - Objects must not be dropped or thrown from the track.
 - Do not stand on the track or use as a spectator area.
 - Do not lean or sit on the safety rails.
 - Racing is prohibited.
 - Baby joggers and strollers are welcome on the track during designated hours.
 - Track users in fifth grade and below must be accompanied by an adult.
5. No food or drink allowed on the track with the exception of closed container water bottles.

Fitness Room (Weight room)

1. All participants must attend an orientation session with a weight room volunteer. These may be scheduled through the check-in desk.
2. No one under grade 7 may be in the fitness room. Participants in grades 7 through 9 may use the room only when supervised by an adult.
3. Limit cardio machine use to 30 minutes if there are others waiting.
4. Bring a towel and wipe down each piece of equipment when finished.
5. Proper attire is required in the weight room at all times. No denim clothing is allowed in the fitness room.
6. Re-rack weights after use.
7. No food or beverages other than water in closed containers is permitted.
8. Fitness progress cards are available at the check-in desk.
9. Report any problems with any of the equipment to the check-in desk.

Locker Rooms/Showers

1. Lockers are provided for the convenience of participants of the Sports & Rec Center. CUMC, its volunteers and staff are not responsible for lost or stolen items. It is the responsibility of each participant to secure his or her belongings in the lockers provided.
2. Lockers are for day use only. Remove your belongings at the end of your stay.
3. Items left overnight may be removed by SRC staff and held at the check-in desk. Items not claimed within 30 days may be donated to charity or discarded.
4. Guests using the shower facilities are required to bring their own towels and toiletries.
5. Leave the locker facilities neat and orderly.

Equipment Checkout, Liability, Fees

Equipment Checkout

1. Equipment must be checked out using the systems and procedures approved by the Director of Recreational Ministries and the SRC Council.
2. Individuals will be responsible for equipment checked out to them or their guests. Equipment lost or damaged by misuse must be replaced by the person responsible.
3. Members and guests of the Sports & Rec Center may bring personal (own) equipment at the discretion of the Recreation Director or supervisor in charge. As with any equipment, individuals must be responsible for the safety and use of their own equipment. CUMC will not be

responsible for damage to property or persons resulting from equipment brought from outside the premises.

4. League play and other large, organized groups must furnish their own equipment unless prior arrangements and provisions have been made with the Director of Recreational Ministries or responsible supervisor. League equipment must be approved by Director of Recreational Ministries or responsible supervisor.

Liability

1. All participants (members or guests) must complete and sign all hold-harmless, liability and other agreements requested by the staff of the SRC.
2. Use of the facility and all equipment will be at the risk of the participants. CUMC does not make any express or implied warranties of the Sports & Rec Center premises, equipment, machinery, fixtures or furniture.

Fees

1. It is the general policy that fees will be assessed for the purpose of deferring costs over and above the general facility operating budget. In addition, fees are viewed as a way to instill a sense of ownership that will go to preventing abuse and destruction of equipment and the facility.
2. Fees will be established by the Director of Recreational Ministries with approval by the SRC governance council.
3. A complete fee schedule will be kept updated and available at the Welcome Desk of the Sports & Rec Center.
4. Examples of fees that may be required (not limited to):
 - Outside groups, league play, etc.
 - Classes requiring special instruction, equipment or extraordinary use of the facility
 - Professional instruction fees
5. Building use fees will be consistent with those outlined in CUMC policy manual.

Emergencies

Emergencies

There may be a time when the SRC facilities are needed for emergency housing following a local disaster. This building may be desirable for use as a shelter because of the space available, as well as the shower and kitchen facilities.

An emergency, for purposes of this policy, is defined as a situation in which members of the community are rendered temporarily homeless due to accident, fire, severe weather, or other disaster, which renders their place of residence uninhabitable.

Upon declaration of an emergency by the senior minister or his designated representative, use of the Sports & Rec Center is authorized as a temporary shelter for families rendered temporarily homeless as a result of such emergency.

The Director of Recreational Ministries will coordinate with the American Red Cross and Salvation Army, as appropriate, to provide food and other needs of affected families. UMCOR is also available to assist with disaster policies and related training.

The number of people / families to be accommodated and the length of their stay in the SRC will be determined by the CUMC staff based on the extent of the emergency and availability of other arrangements. It is understood that some normal activities may have to be cancelled during these emergencies.

For information about any of these policies, contact [Josh Beasley](#) or at **972-596-6073**.